

RE-CONNECT



4-WEEK PROGRAM



TRANSFORM YOUR LIFE

**ENERGY HEALING &
CONSCIOUS BREATHWORK**



RE-CONNECT

4 Week Journey to Inner Healing

Empower Yourself &
Overcome Limitations

Step into your power
You Are Divine





Week 1

**Get OUT of your
comfort ZONE**

**Travel to your darkness,
without judgment**

**Let the self-love show you
the way to Acceptance**





Week 2

**Step into alignment,
& honor your truth**

**Let go of the old,
embrace transformation**

**Your wounded inner child needs
Your Love & Kindness**





Week 3

**Empowerment to
build up a new identity**

**Raising your vibration
will be determinant**

**Is time to shine your light,
You Are Worthy & Loved**





Week 4

**The higher self,
guide your moves**

**Learn to Co-Create with
the Source of Life**

**Life filled with the best
Happiness, Love, Authenticity,
Wellness & Abundance**





Program includes

**4 Personalized 1 on 1
Energy Healing Sessions**

6 Integration calls

Energetic Activation

Guided Self-healing practices

Access to supportive group

Private Therapeutic support

\$1200

USD



sanandojuntos.org